

MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG		SAMSTAG	
				10:30-12:00	10:00-10:45					10:00-11:30	9.30-10:30
				Jazz (Interm.) Marcus	Eltern-Baby-Pilates (All Lvl) Sophie					Atmung & Bewegung (All Lvl) Bruno/Christina	Pilates & Stretch (All Lvl) Sophie
		11:40-13:10			14:45-15:30			15:20-15:50	15:30-17:00	11:40-13:10	
		Waacking (Basic+) Romy			Slow Barré (All Levels) Sophie			Stretching (All Lvl) Sophie	Krump (Basic) Strange	Contemp (Basic) Rotation	12:10-14:10
16:50-17:50	16:20-17:50								16:00-17:30	guided training session Serge	
Faszientraining (All Levels) Eva	Jazz (Basic+/Int) Marcus								Ballett & More Sophie	Afro Integration Man with the scarf	
18:00-19:30	18:00-19:00		18:00-19:30		18:00-19:30		18:00-19:30				
Jazz (Basic+) Eva	Hip-Hop (Basic+) Serge	Sophies Ballettoning (All Levels) Sophie		Jazz (Basic+/Int) Marcus	Jazz (Basic) Rotation	Floor Work (Basic+) Vivos	Hip-Hop (Basic) Man with the scarf				
19:40-21:10	19:40-21:10		19:40-21:10		19:40-21:10		19:40-21:10				
Contemp Choreo (Basic+/Int) Anna	Voguing Oldway (Basic) Trina Dive	Contemp (Basic+) Rotation	Voguing New Way (Basic+) Harmony Dive	Contemp Technik (Int) Anna	House (Basic+) Serge	Impro (All Lvl) Vivos/Josi/Senki	Hip-Hop (Basic+/Int) Man with the scarf				

gr. Saal weicher PVC Boden
 kl. Saal Holzboden